

Long-term Experiences After Neonatal Seizures

~ Lessons From Parents ~

Many parents face ongoing challenges and also joy in caring for a child with neonatal seizures from the newborn period through childhood. **Here are key themes from our research:**

Challenge of Care

Many parents shared the physical, financial, emotional challenges they experienced, including feeling worries about the future and the risk of their child's seizures returning.



What you can do:

- Connect with social workers for family support and resources.
- Talk to your child's care team about early intervention.

Scan to see the NSR Question Prompt List:



"Finding time to be a parent, caring for my child, but also meeting other responsibilities is a challenge."

Managing Day-to-Day Needs

Some parents struggle to balance the many responsibilities of caregiving while supporting their child's developmental needs.



Know you are not alone:

- Check out the following communities:
 - [Hope for HIE](#)
 - [Casey's Circle](#)
 - [Hand to Hold](#)
 - [Child Neurology Foundation](#)
 - [Parent Center Hub](#)

"Knowing I'm caring for and helping my child is the best feeling in the world."

Joy as a Parent

Nearly all parents value their role as caregivers and find joy in watching their child grow and develop their own unique personality throughout childhood.



What you can do:

- Recognize your strengths and areas of growth as a caregiver.
- Celebrate small victories with your child and family.

