

# Long-term Experiences After Neonatal Seizures

~ Lessons From Parents ~

Many parents face ongoing challenges and also joy in caring for a child with neonatal seizures from the newborn period through childhood. **Here are key themes from our research:**

## Challenge of Care

Many parents shared the physical, financial, emotional challenges they experienced, including feeling worries about the future and the risk of their child's seizures returning.



### What you can do:

- Connect with social workers for family support and resources.
- Talk to your child's care team about early intervention.

Scan to see the NSR Question Prompt List:



*"Finding time to be a parent, caring for my child, but also meeting other responsibilities is a challenge"*

## Managing Day-to-Day Needs

Some parents struggle to balance the many responsibilities of caregiving while supporting their child's developmental needs.



### Know you are not alone:

- Check out the following communities:
  - [Hope for HIE](#)
  - [Caseys Circle](#)
  - [Hand to Hold](#)
  - [Child Neurology Foundation](#)
  - [Parent Centers Hub](#)

*"Knowing I'm caring for and helping my child is the best feeling in the world."*

## Joy as a Parent

Nearly all parents value their role as caregivers and find joy in watching their child grow and develop their own unique personality throughout childhood.



### What you can do:

- Recognize your strengths and areas of growth as a caregiver.
- Celebrate small victories with your child and family.

